



Refreshed Oasis Homes House Rules

To maintain a safe, supportive, and recovery-focused environment, all residents are required to follow these house rules. Failure to comply may result in disciplinary action, up to and including dismissal from the home.

Sober Living House Rules

1. Agreement to House Rules

Each resident must enter into a House Rules Agreement outlining specific requirements to remain in the program.

- Failure to abide by the house rules, including but not limited to the Recovery Program Protocol, Good Neighbor Policy, Confidentiality Agreement, and Transportation Policy, may result in dismissal from the program.
- House rules may be modified based on changing circumstances.
- Management has sole discretion in determining rule violations.

2. Recovery Commitment

- Residents must maintain active recovery and abstinence.
- Weekly schedules must be submitted every Saturday.
- Any use of prohibited substances, on or off the premises, is grounds for immediate dismissal.

3. Maintaining a Safe and Peaceful Environment

- No weapons are allowed on the property.
- Windows, blinds, and furniture must remain as arranged by management.
- Personal devices require headphones in common areas.



4. Quiet Hours

- Quiet hours are from 9:00 PM to 7:00 AM.
- TVs and radios must be off in common areas.
- Personal devices can only be used with headphones or muted.

5. Respect for Others

- Consideration must be shown for others' work and sleep schedules.
- Curfew is 9:00 PM unless otherwise approved.
- Discrimination, harassment, or bullying will not be tolerated and may lead to dismissal.

6. Work, School, and Volunteering

- Residents must maintain work, school, or volunteer activities as per their recovery plan.
- Any changes must be immediately reported to management.

7. Accountability and Check-ins

- Residents must submit a weekly schedule and follow it.
- Staying out overnight requires prior approval.

8. House Meetings

- Attendance at weekly house meetings is mandatory.

9. Cleanliness and Chores

- Residents must maintain a clean living space.
- Chores are assigned weekly and must be completed.
- Dishes must be rinsed and placed in the dishwasher immediately after use.

10. Smoking and Vaping

- Smoking is only permitted in designated outdoor areas.
- Cigarette butts must be properly disposed of.



11. Food and Kitchen Etiquette

- Do not take others' food.
- Label food items and keep the kitchen clean.
- Eating in bedrooms is prohibited.

12. Medications

- All medications must be reported to management.
- Medications must be used as prescribed.
- Abuse of medications is grounds for dismissal.

13. Prohibited Activities

- No pets are allowed.
- Gambling is not permitted.
- Sexual activity is prohibited on the premises, including access to explicit materials.

14. Personal Space and Property

- Respect others' privacy and belongings.
- Borrowing money or possessions is not allowed.

15. Visitors and Guests

- No guests are allowed outside of scheduled family meetings.



16. Violations and Consequences

- Failure to comply with house rules may lead to revoked privileges or dismissal.
 - Management has full discretion to determine consequences.
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House Chores Addendum

Residents must keep the house clean and organized.

1. Personal Areas

- Beds must be made when not in use.
- Laundry must be stored properly.
- Daily checks will be conducted by the Resident Assistant.

2. Common Areas

- Daily: Wipe furniture, straighten fixtures, and take out trash.
- Weekly: Vacuum, dust, and sanitize surfaces.

3. Kitchen

- Clean up immediately after cooking.
- Weekly deep cleaning of appliances.

4. Bathrooms

- Daily: Wipe sink and restock supplies.
- Weekly: Deep clean toilets, tubs, and floors.



5. Laundry Room

- Lint traps must be emptied before removing laundry.

6. Conflict Resolution

- All conflicts must be reported to the Resident Assistant.
- Physical confrontations result in immediate dismissal.

7. Refund Policy

- No refunds will be issued.
- Residents must provide a 30-day notice before leaving.

8. Provisions and Supplies

- Common household supplies will be provided.
- Misuse of shared provisions is considered theft and is grounds for dismissal.

Acknowledgment

I have read and understand the house rules and agree to abide by them. I acknowledge that management may introduce new rules as needed.

Resident Signature: _____

Date: _____

